



MEZZE

MIXED OLIVES (VE)	5
House marinated olives,	chilli, garlic and oregano

WHIPPED FETA (V) Creamy whipped feta and roasted peppers.

Served with homemade pita.

HUMMUS (VE)

Creamy chickpea blended with tahini, garlic and sumac. Served with warm homemade pita.

TZATZIKI

Yoghurt, cucumber and herbs. Served with warm homemade pita.

FALAFEL (VE)

Crispy chickpea patties served on a freshly baked pitta, spread with hummus and finished with tahini sauce.

SMOKED AUBERGINE (VE) 9

Smoky aubergine spread with tahini, pine nuts and pomegranate. Served with warm homemade pita.

THE MEDITERRANEAN SPREAD (V) ❖ 18.9

Hummus, smoked aubergine, tzatziki and olives. Served with warm homemade pita.

RIG PLATES

LAMB CUTLETS (GF) 🧇 Spiced chops served with roasted

potatoes and chimichurri sauce.

RIB-EYE STEAK 300g Grilled to your liking. Served with peppercorn sauce and twice-baked

LAMB SHANK 🧇 24 Slow-braised lamb shank cooked

with mediterranean spice. Served on a bed of basmati rice.

chips.

21 GRILLED CHICKEN FILLET (GF)

Chargrilled chicken fillet. Served with mushroom sauce and fire roast carrots.

MAFALDA AL RAGU 🧆

Slow-braised short beef ragu with mafalda pasta, finished with aged reggiano.

SHISHA TAWOOK 🧆

Marinated chicken skewers served with pita bread and house-made garlic sauce.

16.9

17.9

24

26

17

MEAA BURGER

Prime double beef patties, American cheese, Meaa special sauce, pickles, tomatoes, lettuce, and cajun fries.

TRUFFLE PASTA (V)

Rich and creamy pappardelle tossed in pecorino sauce and shaved fresh black truffle.

SEA BASS (GF)

Pan seared sea bass with a golden crust. Served with a lemon thyme sauce. broccolini and roasted potatoes.

CHESTNUT STEW (VE) (GF)

Vegetable chestnut stew with crusted sage, broccolini, celeriac topped with crispy kale, served with basmati rice

SMALL PLATES

12

6

13

1.3

16

15

SALT & PEPPER SQUID

Crispy squid, seasoned with salt and pepper served with garlic aioli.

CHARGRILLED WINGS (GF)

Flame-grilled chicken wings with a crispy charred finish.

SIZZILING PRAWNS*

Tiger prawn, garlic, chilli flake, parsley served with sourdough.

EDAMAME (VE) (GF)

Steamed pods tossed in spicy chilli, garlic, and soy sauce.

BEEF SIGARA 🧇

Golden filo layers filled with slowbraised beef and aromatic herbs.

HALLOUMI (V)

Crispy halloumi with honey, za'atar. pomegranate and chilli jam.

ARANCINI (/)

Fried risotto balls with truffle and parmesan cheese Served with marinara sauce.

PRAWN TOAST

Crispy bao buns, house-made prawn paste, spring onions and sesame, served with sweet chilli.

BURRATA CAPRESE (V) 12

Heirloom tomatoes, Burrata, za'atar, pesto and extra virgin olive oil. Served with crispy bread.

SALAD

MEDITERRANEAN SALAD (V) 🧇 15

Mixed greens, sun-dried tomatoes, cucumbers, tomatoes, red onions, olives, chickpeas, red drop pepper and feta cheese with a lemon dressing.

FATTOUSH SALAD (VE)

Romaine lettuce, tomatoes, cucumbers, radishes, mint, spring onion, pomegranate, peppers and crispy toasted pita chips. Tossed in a tangy sumac and lemon dressing.

CAESAR SALAD

Chargrilled chicken, gem lettuce, garlic sourdough croutons, and shaved parmesan cheese. Tossed in a creamy Caesar dressing.

QUINOA TABBOULEH

Quinoa, parsley, diced tomatoes, red

onion, sumac, cucumber, mint with a lemon dressing.

FOR THE TABLE

Mashed potatoes (V) (GF)	5.9
Mac and cheese 🕠	8.9
Roasted potatoes (V) (GF)	5.9

Fire-roasted carrots (VE)

Tahini | miso | honey | pomegranate

59 Tenderstem broccoli (V) Whipped Feta | roasted peppers | crispy onions

Meaa chopped salad (VE) (GF) 5

Cucumber | tomatoes | parsley | lemon dressing

Cajun fries (V) (GF) Parmesan Fries +1

Basmati rice (VE) (GF) Vermicelli

5

